

From the Bench: A Coach's Perspective

Netball NSW will be conducting three coaching workshops to coincide with the second half of the DOOLEYS State League Competition.

Coaches from Club, Association and Representative Teams are encouraged to attend the workshops on offer.

When: Saturdays – morning and afternoon

Where: Waratah Room, Anne Clark Centre

Workshop 1: Breaking for the centre pass

“There is more to breaking for a centre pass than standing on the line and trying to outrun the opposition”

Date: 25 July 2009

Presenter: Rhonda Stephenson (Coaches Operating Panel)

First Session: 10:30 am - please arrive 10 minutes prior to the start

Second Session: 1:30 pm - please arrive 10 minutes prior to the start

Workshop 2: Balancing the goal circle

Date: 8 August 2009

Presenter: Margaret Corbett (Coaches Operating Panel)

First Session: 10:30 am - please arrive 10 minutes prior to the start

Second Session: 1:30 pm - please arrive 10 minutes prior to the start

Workshop 3: Challenge of the backline pass

Date: 22 August 2009

First Session: 10:30am - please arrive 10 minutes prior to the start

Presenter: Margaret Corbett (Coaches Operating Panel)

Second Session: 1:30pm - please arrive 10 minutes prior to the start

Presenter: Rhonda Stephenson (Coaches Operating Panel)

To secure your place in the “From the Bench” workshops please contact:

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